

Singing for the Brain Facilitator Volunteer Role description

Together we are help and hope for everyone living with dementia



Singing for the Brain Facilitator Volunteer



Why we need you

Singing for the Brain is our trailblazing music as therapy group session bringing people affected by dementia together to sing a variety of songs they know and love, in a fun and friendly environment. Whether it's listening, singing, or moving to the rhythm, each session creates a welcoming atmosphere and is a source of joy and support, with fun, laughs and connection between people.

As a Singing for the Brain Facilitator Volunteer you will support with the planning and coordination of the sessions, encouraging attendees to engage in singing exercises and physical movement either in person or online, enabling people with dementia to find their voice through music.



What you will be doing

- Provide administration support, for example, making calls to volunteers and service users to confirm attendance, taking a record of attendees at the session, and distributing name badges.
- Potential opportunities to plan, coordinate and deliver singing and movement elements of the session.
- Encouraging and supporting people affected by dementia to participate in the session.
- Support other volunteers to enable the session to run smoothly with a warm and friendly atmosphere.



This role will suit you if you

- Are confident and have experience or an interest in music and movement.
- Are friendly, positive, and approachable and enjoy meeting new people.
- Have good communication and listening skills, and ability to facilitate sessions should the need arise.
- Are attentive, compassionate, empathetic and treat people with dignity.
- Are aware of or are willing to learn about dementia and its impact on people.



What you can expect from us

- We will make you feel welcome, included and respected.
- You will receive training, ongoing supervision and support.
- You can claim pre-agreed out of pocket expenses (for example, travel) in line with our policy.
- We'll keep you up to date with relevant policies and procedures that apply to your role.
- You'll have access to learning, development and engagement opportunities for volunteers.



What we need from you

To ensure the safety and security of people with dementia we ask for:

- Two references and proof of identity.
- You will need to complete a criminal record check, in line with the legal requirements. A Criminal Record will not necessarily stop you being able to carry out this role.
- To put the role into practice most effectively volunteers are recommended to continue for at least 6 months.
- Learning at the start will take about 2-3 hours, followed by periodic refreshers.
- You will need access to a phone and if supporting online sessions, a computer with internet access.